

# How to

# USE AN AED

(Automated External Defibrillator)

All automated external defibrillators come with easy-to-follow directions, but using one is even easier if you remember to **D.R.A.W.**!

# D

**DRY** the casualty's surroundings before you administer a shock to avoid injury to yourself.



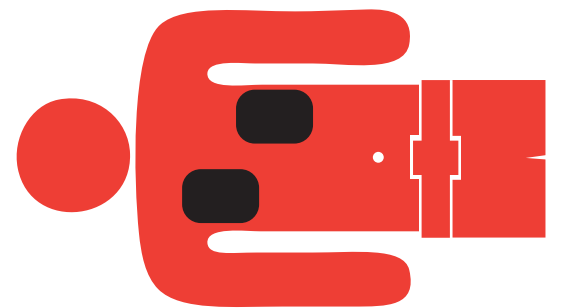
# R

**REMOVE** obstructions, like clothing, jewelry or coarse body hair from the casualty's chest before applying the electrode pads included with your AED.



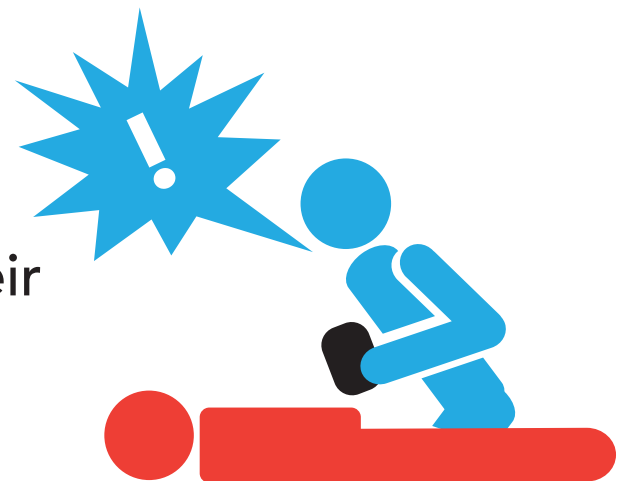
# A

**APPLY** the electrode pads diagonally across the casualty's chest as shown.



# W

**WARN** bystanders and first responders before administering a shock so that they can keep their distance from the casualty.



For more information about AED use, sign up for a CPR and Emergency First Aid training course online, over the phone, or at your local St. John Ambulance branch. Or visit [sja.ca](http://sja.ca)