



St. John Ambulance



BRAMPTON | BOLTON | MISSISSAUGA | MEADOWVALE | ORANGEVILLE

2015

FIRST AID, CPR & AED TRAINING
Course Calendar

Do you have a **First Aid** kit ?

St. John Ambulance offers a wide variety of kits, AED units and supplies to meet workplace safety requirements and individual needs



ON.SHOPSAFETYPRODUCTS.CA



St. John Ambulance

Workplace kits
AED units & Supplies
Stretchers & Blankets
Home kits

Eyewash stations
CPR masks
Vehicle kits
Sport kits

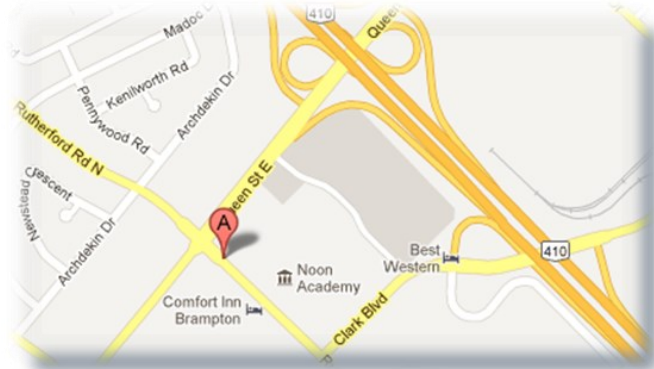
Bandages
Gloves
Splinting equipment
Manuals

PEEL BRANCH TRAINING LOCATIONS

Brampton Training Centre

8A Rutherford Road South
Brampton, Ontario

Just south of Queen on the east side of Rutherford Road, located behind the Fire hall Headquarters.



Bolton Training Centre

50 Ann Street
Bolton, Ontario

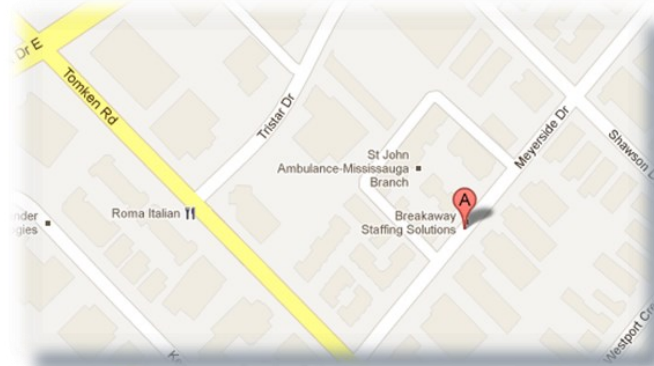
Located in the Bolton Banquet Hall, North of King and west of Queen



Mississauga Training and Administrative Centre

1081 Meyerside Drive, Unit 6
Mississauga, Ontario

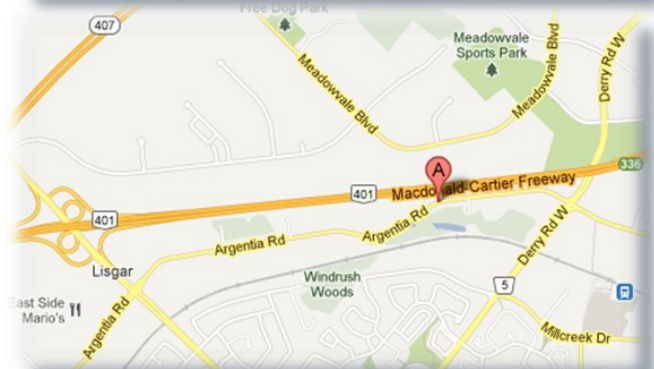
Located on the North side of Meyerside near Tomken Road.



Meadowvale Training Centre

Upper Level at CarStar
2795 Argentia Road
Mississauga, Ontario

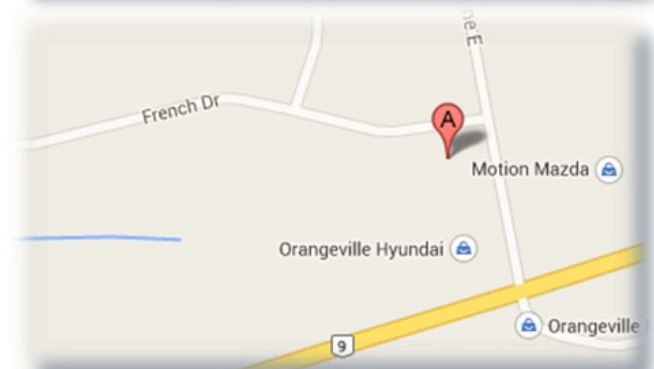
Argentia Road is just south of the 401 off Winston Churchill



Orangeville Training Centre

1 French Drive, Suite 202
Town of Mon, Ontario

Located at HWY 9 and 2nd Line, just under the water tower





WHAT ARE THE REQUIREMENTS

FOR WORKPLACE FIRST AID IN ONTARIO

All workplaces, in the province of Ontario require First Aid certified employees to provide immediate care in the event of injury or medical emergency in the workplace.

The First Aid Certification and equipment requirements for each workplace varies depending on: regulatory jurisdiction, location, industry and the number of employees in the workplace. Our workplace first aid specialists will work with you to plan and implement a First Aid program which meets all your Health and Safety requirements.

APPLICABLE LEGISLATION

The **Occupational Health and Safety Act** is the applicable legislation that covers workplace safety in Ontario. It sets out roles for employers, supervisors and workers so they can work together to make workplaces safer. The WSIA contains the specific regulation related to First Aid requirements in the province of Ontario, this act is known as First Aid Regulation 1101.

The **Canada Labour Code** is the legislation applicable to Federally regulated industries and Occupational Health and Safety. The requirements for first aid training and equipment is found in section XVI - First Aid.

FIRST AID TRAINING OPTIONS

St. John Ambulance is Canada's leading authority in First Aid. We offer the most comprehensive First Aid training programs for business and individuals.

Public Courses - We offer regularly scheduled courses at 5 different sites within our region for your convenience with scheduling your employees.

Private Courses - All of our courses are available in the Private format. Provided at your location or one of our training centers. This option works well for larger groups, or even for smaller groups looking for training related to hazards and risks specific to your workplace.

FIRST AID TRAINING IN-HOUSE OPTION

In-plant instructor - Having your own in-house St. John Ambulance instructor on site to deliver our programs provides you with the most flexibility. The First Aid training can be easily integrated in your employee orientation program and ongoing Health and Safety programs. Ask about our Instructor Development Program.

INTRODUCING BLENDED LEARNING

A combination of **ONLINE** knowledge based training and **IN-CLASS** practical skills.



FIRST AID COURSES

Emergency First Aid (Basic First Aid)

This course contains 6.5 hours of curriculum usually delivered in a 1 day format. This course is available with CPR level A or C, both options provide AED training. This course provides certification for 3 years.

Standard First Aid

Standard First Aid training. This course contains 13 hours of curriculum usually delivered in a 2 day format, building on skills of Emergency First Aid. This course is available with CPR level A, C or HCP and contains AED training. This course provides certification for 3 years, with a one day renewal available prior to expiry for an additional 3 years.

Advanced Medical First Responder

These courses are designed for the person who is interested in taking a more active role in emergency situations. Students will be introduced to oxygen administration and advanced injury management skills. This course is appropriate for more remote workplaces.

Please see our full listing of health and safety related courses, and specialty First Aid programs for additional training programs.

FIRST AID AND CPR TRAINING



St. John Ambulance

As Canada's standard of excellence in First Aid and CPR services, we play an integral role in offering innovative and comprehensive training programs. Our first aid courses give you the knowledge and confidence to respond to emergencies and to provide effective first aid whenever it's needed.

All students will receive training and/or reference information on the following First aid modules:

◆ **Introduction to First Aid**

- Roles and responsibilities of a First Aid provider
- The Law and First Aid
- Safety and personal protection
- Communication with the casualty
- Help at the emergency scene
- Injuries and Illness

◆ **Casualty Management**

- Emergency scene management
- Shock
- Multiple casualty management
- Lifting and moving

◆ **Airway and Breathing Emergencies**

- Breathing related injury and illness
- Asthma
- Allergic reactions
- First aid for choking

◆ **Cardiovascular Emergencies and CPR**

- Cardiovascular emergencies
- Stroke
- Cardiopulmonary resuscitation (CPR)
- Automated external defibrillation (AED)

◆ **Wounds and Bleeding**

- Types of wounds
- Dressings and bandages
- Chest injuries
- Head and facial injuries
- Eye injuries
- Burns
- Bites and Stings

◆ **Bone and Joint injuries**

- Head / spinal / pelvic injuries
- Bone and joint injuries

◆ **Additional First Aid Emergencies**

- Diabetes
- Seizures
- Fever emergencies
- Cold and heat injuries
- Poisoning
- Emergency childbirth and miscarriage
- Psychological emergencies

The training modules for each course are selected to meet the specific certification requirements of our students.



Each student will receive their own copy of the

St. John Ambulance First Aid Reference Guide

This guide contains over 400 pages of information, full colour illustrations, reference for all the training modules, a quick reference for signs and symptoms, sample treatment forms, an illustrated introduction to anatomy and physiology, workplace safety, introduction to WHMIS, a glossary, personal, workplace and fire safety, preparing for emergencies and so much more.

COURSE INFORMATION



St. John Ambulance

FIRST AID AND CPR TRAINING

All of our First Aid courses include training in CPR & AED to provide students with the skills to respond in the event of cardiac emergencies and utilize AED equipment

There are two Levels of First Aid to choose from and three levels of CPR, all designed to assist you in meeting workplace or educational requirements.

FIRST AID TRAINING LEVELS

EMERGENCY FIRST AID with CPR & AED

This program provides classroom instruction time of 6.5 hours, normally in a one day format. Upon completion students will receive Certification which is valid for 3 years. This training is available with both level A CPR or Level C CPR. The emergency level training is meets Canada Labour Code for those requiring basic first aid, and WSIB regulations for workplaces in the province of Ontario with less than 5 employees. The Emergency level training is the first day of the Standard level training.

STANDARD FIRST AID with CPR & AED

This program provides 13 hours of instruction time, and is normally delivered in a 2 day format. Certification meets the Canada Labour Code for those requiring Standard First aid, as well as WSIB regulations in the province of Ontario for workplaces with more than 5 employees. Certification is valid for 3 years, and eligible for renewal prior to expiry for a second term.

The Standard Level First Aid course is available with all three Levels of CPR (see the chart to the right for details on the CPR skill levels)

COURSE DELIVERY

Our courses are designed to provide students with both the knowledge and the practical skills required to confidently assist another in the event of injury or medical emergency.

TRAINING FORMATS

Our classroom format includes demonstration videos, practical hands on skills development and written resource materials. The course is delivered by highly trained, experienced and certified instructors.

Our blended format of training combines the best of both online knowledge based learning and in-class practical skills development. Cut your in-class training time in half, and learn at your own pace.

PRIVATE COURSES

All of our courses are available in the private format, at your location or ours, and available for any number of participants.

CPR TRAINING LEVELS

COMPONENTS	CPR - A	CPR-C	CPR-HCP
CPR for Adults	X	X	X
CPR for Children		X	X
CPR for Infants		X	X
Automated External Defibrillation	X	X	X
Adult/child 2 rescuer		X	X
Infant two person CPR			X
Rescue Breathing			X
Bag Valve Mask			X
Recertification available		X	X
AVAILABLE WITH	CPR - A	CPR-C	CPR-HCP
Emergency First Aid	X	X	
Standard First Aid	X	X	X

FIRST AID COURSE SELECTION

- ◆ Emergency with Level A CPR & AED
- ◆ Emergency with Level C CPR & AED
- ◆ Standard with Level A CPR & AED
- ◆ Standard with Level C CPR & AED
- ◆ Standard with Level HCP CPR & AED

CPR & AED COURSES OFFERED

- ◆ CPR Level C
- ◆ CPR Level HCP

RENEWAL COURSES

- ◆ Standard First Aid with Level A (1 day)
- ◆ Standard First Aid with Level C (1 day)
- ◆ CPR Level HCP (4 hours)
- ◆ CPR Level C (4 hours)

COURSE DESCRIPTIONS



St. John Ambulance

SPECIALTY TRAINING

More advanced first aid skills, programs for youth, and pet first aid. Beyond First Aid and CPR Training, St. John Ambulance offers a wide variety of health and safety related training programs for all ages both in class and online.

ADVANCED FIRST AID

The Advanced Medical First Responder course is designed for those interested in taking a more active role in emergency situations and obtaining more advanced first aid skills.

Students will be introduced to a thorough standardized assessment protocol, oxygen administration and advanced injury management. The course is student oriented with pre-course self-study and evaluation, lots of hands-on scenarios, and realistic practical sessions to maximize relevance.

YOUTH

HOME ALONE

This course is designed for the 9 and 10 year old group, to help prepare them to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Ideally, children should be supervised at all times by a responsible adult. However, many common events and situations can result in short term periods where a child must take on the responsibility for themselves. St. John Ambulance believes that youth who are well prepared for the unexpected, will more confidently handle an emergency and be safer as a result.

BABYSITTING BASICS

St. John Ambulance's Babysitting Basics is a course designed for ages 11 to 14 to teach babysitting, leadership and first aid skills in a fun and informative way. Parents want to know that they are leaving their children in the care of babysitters who understand the needs of their children and who can look after them confidently and competently, especially in emergencies.

PET FIRST AID

Good first aid knowledge can help to save your pet's life, reduce the potential for increased injury and promote fast recovery. First aid is not a replacement for going to your vet, but handling emergency situations properly right at the beginning can help you recognize problems early and act on them quickly.

Attending a course in person allows for hands-on learning with life-sized specialty animal manikins. Along with practicing CPR, choking and bandaging, animal manikins can be used to demonstrate how to adapt common household items such as jackets, sticks, newspaper, saran wrap, duct tape, Benadryl, old cell phones, ties, belts, rope, scarfs, etc. into first aid tools.

INSTRUCTOR

If you have a background in teaching, a health or safety related field, and have successfully completed a St. John Ambulance Standard First Aid and Level C CPR course, you may apply to become an Instructor with St. John Ambulance.

We also offer training programs for companies wishing to have their own First Aid instructor on site, through our in-plant program for companies. This allows full integration of First Aid certification into workplace health and safety training.

CAR SEAT SAFETY

St John Ambulance offers training to those who wish to offer car seat inspection clinics in the community, or for those who regularly install and reinstall car seats. This training program is the one that certifies Car Seat Safety volunteers.

2015 course schedule - Bolton



St. John Ambulance

FIRST AID TRAINING

EMERGENCY FIRST AID

LEVEL A CPR & AED (1 day)

8:30 AM - 4:30 PM

BOLTON

June 17
July 29
August 19
September 9,28
October 14
November 9,30
December 14

EMERGENCY FIRST AID

LEVEL C CPR & AED (1 day)

8:30 AM - 5:00 PM

BOLTON

June 17
July 29
August 19
September 9,28
October 14
November 9,30
December 14

STANDARD FIRST AID

LEVEL A CPR & AED (2 day)

8:30 AM - 4:30 PM

BOLTON

June 17 & 18
July 29 & 30
August 19 & 20
September 9 & 10 , 28 & 29
October 14 & 15
November 9 & 10, 30 & 31
December 14 & 15

STANDARD FIRST AID

LEVEL C CPR & AED (2 day)

8:30 AM - 5:00 PM

BOLTON

June 17 & 18
July 29 & 30
August 19 & 20
September 9 & 10 , 28 & 29
October 14 & 15
November 9 & 10, 30 & 31
December 14 & 15

STANDARD FIRST AID

LEVEL HCP CPR & AED (2 day)

BOLTON

August 27 & 28

STANDARD FIRST AID

(Renewal)

LEVEL A (1 day)

8:30 AM - 4:30 PM

BOLTON

June 3
July 8
August 21
September 30

STANDARD FIRST AID

(Renewal)

LEVEL C (1 day)

BOLTON

June 3
July 8
August 21
September 30

CPR TRAINING

CPR LEVEL C (1 day)

8:30 AM - 5:00 PM

BOLTON

June 17
July 29
Aug 19
Sep 9,28
Oct 14
Nov 9,30
Dec 14

CPR LEVEL HCP (1 day)

8:30 AM - 5:00 PM

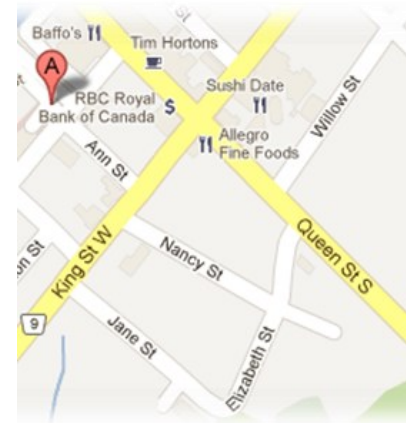
BOLTON

August 27

Bolton Training Centre

50 Ann Street
Bolton, Ontario

Located in the Bolton Banquet Hall, North of King and west of Queen



FIRST AID KITS, SUPPLIES & AED

OUR PORTABLE KITS ALLOW YOU TO HAVE YOUR EQUIPMENT AT THE SCENE, AS A FIRST RESPONDER

2015 course schedule - BRAMPTON



St. John Ambulance

**EMERGENCY FIRST AID
LEVEL A CPR & AED (1 day)**
8:30 AM - 4:30 PM
BRAMPTON
June 2,10,12,16,23,27
July 2,7,15,17,20,25,27
August 6,12,14,18,22,24
September 2,10,16,18
October 6,9,14,22,24,26
November 3,6,9,19,23,28
December 1,4,7,15,19,21

**EMERGENCY FIRST AID
LEVEL C CPR & AED (1 day)**
8:30 AM - 5:00 PM
BRAMPTON
June 6,25
July 4,22
August 1,26,29
September 5,21
October 3,19
November 7,17
December 26,30

**STANDARD FIRST AID
LEVEL A CPR & AED (2 day)**
8:30 AM - 4:30 PM
BRAMPTON
Consecutive days starting on
June 2,10,12,16,23,27
July 2,7,15,17,20,25,27
August 6,12,14,18,22,24
September 2,10,16,18
October 6,9,14,22,24,26
November 3,6,9,19,23,28
December 1,4,7,15,19,21

**STANDARD FIRST AID
LEVEL C CPR & AED (2 day)**
8:30 AM - 4:30 PM
BRAMPTON
Consecutive days starting on
June 6,25
July 4,22
August 1,26,29
September 5,21
October 3,19
November 7,17
December 26,30

**STANDARD FIRST AID
LEVEL HCP CPR & AED
(2 day)**
8:30 AM - 5:30 PM
BRAMPTON
Consecutive days starting on
June 8,20
July 9,18
August 4,15
September 8,19
October 17,28
November 21,26
December 12,17,28

**STANDARD FIRST AID
LEVEL A - Renewal (1 day)**
8:30 AM - 4:30 PM
BRAMPTON
June 18,22
July 6,12,31
August 11,28
September 13,14,28
October 8,21
November 12,14,25,30
December 9,14,

**STANDARD FIRST AID
LEVEL C - Renewal (1 day)**
8:30 AM - 4:30 PM
BRAMPTON
June 18,22
July 6,12,31
August 11,28
September 13,14,28
October 8,21
November 12,14,25,30
December 9,14,

CPR LEVEL HCP (1 day)
8:30 AM - 5:00 PM
BRAMPTON
June 8,20
July 9,18
August 4,15
September 8,19
October 17,28
November 21,26
December 12,17,28

CPR LEVEL C (1 day)
8:30 AM - 5:00 PM
BRAMPTON
June 6,25
July 4,22
August 1,26,29
September 5,21
October 3,19
November 7,17
December 26,30

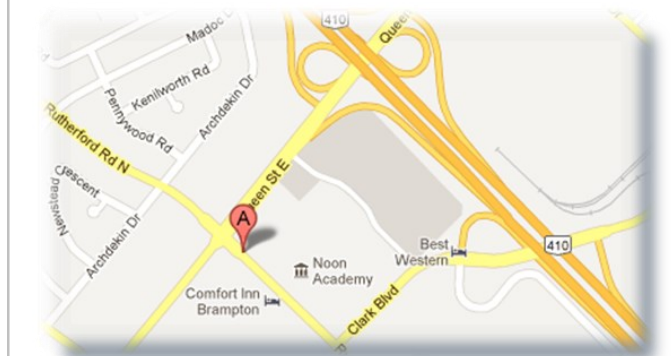
**CPR LEVEL C Renewal
(4 hours—times vary)**
BRAMPTON
June 14,22
July 4,22
August 9,24
September 12,21
October 11,19
November 15,30
December 6,21

**CPR LEVEL HCP Renewal
(4 hours—times vary)**
BRAMPTON
June 14,22
July 11,20
August 9,24
September 12,21
October 11,19
November 15,30
December 6,21

Brampton Training Centre

8A Rutherford Road South
Brampton, Ontario

Just south of Queen on the east side of Rutherford Road, located behind the Fire hall Headquarters.





FIRST AID TRAINING

EMERGENCY FIRST AID

LEVEL A CPR & AED (1 day)

8:30 AM - 4:30 PM

MEADOWVALE

June 18
July 7,27
August 20
September 9,29
October 19
November 11,30
December 15

EMERGENCY FIRST AID

LEVEL C CPR & AED (1 day)

8:30 AM - 5:00 PM

MEADOWVALE

June 18
July 7,27
August 20,25
September 9,29
October 19
November 11,30
December 15

STANDARD FIRST AID

LEVEL A CPR & AED (2 day)

8:30 AM - 4:30 PM

MEADOWVALE

Consecutive days starting on

June 18
July 7,27
August 20
September 9,29
October 19
November 11,30
December 15

STANDARD FIRST AID

LEVEL C CPR & AED (2 day)

8:30 AM - 4:30 PM

MEADOWVALE

Consecutive days starting on

June 18
July 7,27
August 20,25
September 9,29
October 19
November 11,30
December 15

STANDARD FIRST AID Renewal

LEVEL A (1 day)

8:30 AM - 4:30 PM

MEADOWVALE

May 29
July 3
August 14
September 25
October 30
December 11

STANDARD FIRST AID Renewal

LEVEL C (1 day)

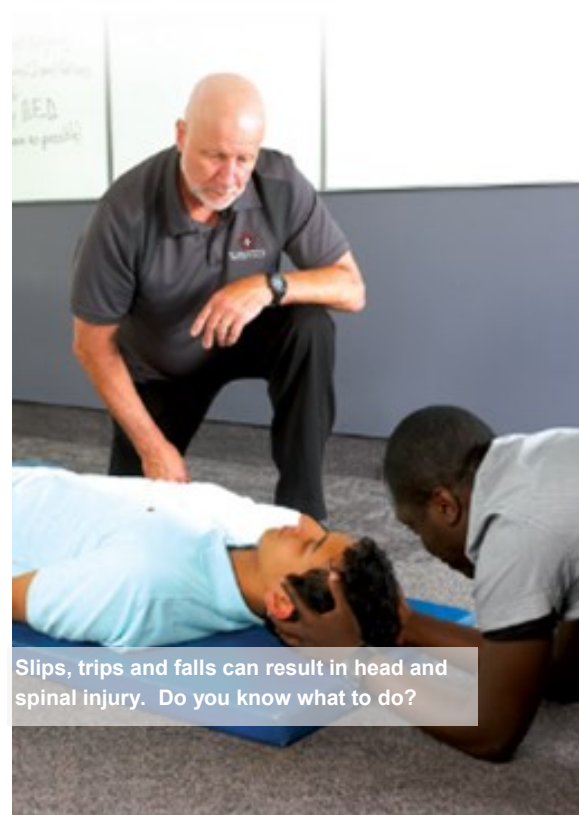
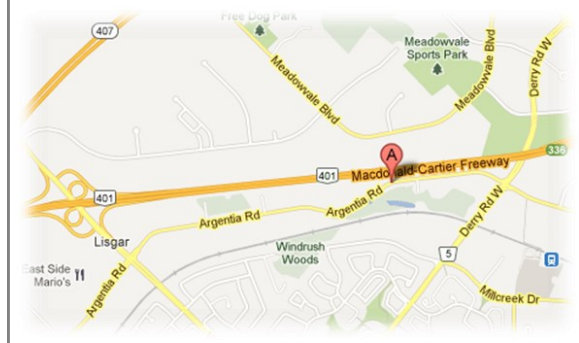
8:30 AM - 5:00 PM

MEADOWVALE

July 3
August 14
September 25
October 30
December 11

Meadowvale Training Centre

Upper Level at CarStar
2795 Argentia Road
Mississauga, Ontario
Argentia Road is just south of the 401 off Winston Churchill



Slips, trips and falls can result in head and spinal injury. Do you know what to do?



FIRST AID TRAINING

EMERGENCY FIRST AID

LEVEL A CPR & AED (1 day)

8:30 AM - 4:30 PM

MISSISSAUGA

June 1,3,5,8,11,13,15,17,23,25,29

July 6,8,10,11,13,21,28,30

August 6,7,8,12,18,24,27,

September 3,4,8,10,12,14,17,22,24,28

October 1,5,7,13,16,16,17,20,22,26,29

November 2,4,10,12,16,19,20,21,23,25

December 2,8,10,11,12,14,16,21

EMERGENCY FIRST AID

LEVEL C CPR & AED (1 day)

8:30 AM - 5:00 PM

MISSISSAUGA

June 20,22

July 16,18

August 10,15,19,29

September 14,19

October 10,14,31

November 9,14

December 7,19,28

STANDARD FIRST AID

LEVEL A CPR & AED (2 day)

8:30 AM - 4:30 PM

MISSISSAUGA

Consecutive days starting on

June 1,3,5,8,11,13,15,17,23,25,29

July 6,8,10,11,13,21,28,30

August 6,7,8,12,18,24,27,

September 3,4,8,10,12,14,17,22,24,28

October 1,5,7,13,16,16,17,20,22,26,29

November 2,4,10,12,16,19,20,21,23,25

December 2,8,10,11,12,14,16,21

STANDARD FIRST AID

LEVEL C CPR & AED (2 day)

8:30 AM - 4:30 PM

MISSISSAUGA

Consecutive days starting on

June 20,22

July 16,18

August 10,15,19,29

September 14,19

October 10,14,31

November 9,14

December 7,19,28

STANDARD FIRST AID

LEVEL HCP CPR & AED (2 day)

MISSISSAUGA

Consecutive days starting on

June 6,24

July 4,23

August 1,13,17,29

September 9,26

October 28,30

November 28,30

December 17,26,29

STANDARD FIRST AID

LEVEL A - Renewal (1 day)

8:30 AM - 4:30 PM

MISSISSAUGA

June 5,10,21,29

July 10,15,25,27

August 21,23,31

September 8,16,20,21

October 9,19,24,28

November 6,8,18,30

December 4,15,19

STANDARD FIRST AID

LEVEL C - Renewal (1 day)

8:30 AM - 4:30 PM

MISSISSAUGA

June 5,10,21,29

July 10,15,25,27

August 21,23,31

September 8,16,20,21

October 9,19,24,28

November 6,8,18,30

December 4,15,19

CPR TRAINING

CPR LEVEL C (1 day)

8:30 AM - 5:00 PM

MISSISSAUGA

June 20,22

July 16,18

August 10,15,19,29

September 14,19

October 10,14,31

November 9,14

December 7,19,28

CPR LEVEL HCP (1 day)

8:30 AM - 5:00 PM

MISSISSAUGA

June 6,24

July 4,23

August 1,13,17,29

September 9,26

October 28,30

November 28,30

December 17,26,29

CPR LEVEL C Renewal

(4 hours—times vary)

MISSISSAUGA

June 25,28

July 23,25

August 27

September 6,24

October 3,22

November 8,26

December 5,17

CPR LEVEL HCP Renewal

(4 hours—times vary)

MISSISSAUGA

June 25,28

July 23,25

August 23,27

September 6,24

October 3,22,31

November 8,26

December 5,17

ADVANCED

MEDICAL FIRST RESPONDER

40 hour 5 day program

MISSISSAUGA

June 5 to June 14 (weekends)



YOUTH PROGRAMS

HOME ALONE (1 day)

8:30 AM - 4:30 PM

MISSISSAUGA

June 8 (PA day) ,27
July 3, 20,26
August 4, 22
September 5
October 4
November 7
December 6

BABYSITTING BASICS (1 day)

8:30 AM - 4:30 PM

MISSISSAUGA

June 8 (PA day) ,27
July 3, 20,26
August 4, 22
September 5
October 4
November 7
December 6

SPECIALTY TRAINING

CHILD SAFETY SEAT TECHNICIAN

8:30 AM - 4:30 PM

MISSISSAUGA

August 8
October 7

CHILD SAFETY SEAT INSTRUCTOR

8:30 AM - 4:30 PM

MISSISSAUGA

June 19
September 16

CHILD SAFETY SEAT INSTRUCTOR

(Renewal)

8:30 AM - 4:30 PM

MISSISSAUGA

June 19
September 16

PET FIRST AID

PET FIRST AID

8:30 AM - 4:30 PM

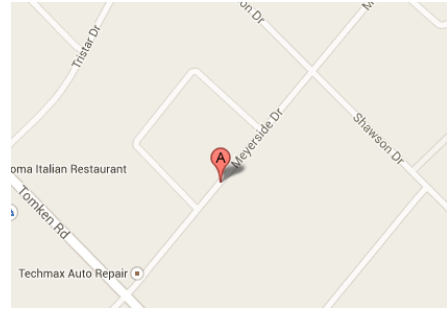
MISSISSAUGA

June 28
July 25
August 23
September 13
October 3
November 1
December 12

Mississauga Training and Administrative Centre

1081 Meyerside Drive, Unit 6
Mississauga, Ontario

Located on the North side of Meyerside near Tomken Road.





FIRST AID TRAINING

EMERGENCY FIRST AID

LEVEL A CPR & AED (1 day)

8:30 AM - 4:30 PM

ORANGEVILLE

June 6,10,22

July 9,13,28

August 11,22,27

September 9,17,29

October 8,17,20

November 3,18,30

December 5,9,21

STANDARD FIRST AID

LEVEL HCP CPR & AED (2 day)

8:30 AM - 4:30 PM

ORANGEVILLE

Consecutive days starting on

July 4

August 15,24

September 26

November 28

December 28

CPR LEVEL C Renewal

(4 hours—times vary)

ORANGEVILLE

June 27

July 16

August 8

September 10

October 24

November 19

December 26

EMERGENCY FIRST AID

LEVEL C CPR & AED (1 day)

8:30 AM - 5:00 PM

ORANGEVILLE

June 6,10,22

July 4,9,13,28

August 11,15,22,24,27

September 9,17,26,29

October 8,17,20

November 3,18,28,30

December 5,9,21,28

STANDARD FIRST AID Renewal

LEVEL A (1 day)

8:30 AM - 4:30 PM

ORANGEVILLE

June 24

July 15

August 19

September 16

October 14

November 25

December 16

CPR LEVEL HCP (1 day)

8:30 AM - 5:00 PM

ORANGEVILLE

July 4

August 15,24

September 26

November 28

December 28

STANDARD FIRST AID

LEVEL A CPR & AED (2 day)

8:30 AM - 4:30 PM

ORANGEVILLE

Consecutive days starting on

June 6,10,22

July 9,13,28

August 11,22,27

September 9,17,29

October 8,17,20

November 3,18,30

December 5,9,21

STANDARD FIRST AID Renewal

LEVEL C (1 day)

8:30 AM - 5:00 PM

ORANGEVILLE

June 24

July 15

August 19

September 16

October 14

November 25

December 16

CPR LEVEL HCP Renewal

(4 hours—times vary)

ORANGEVILLE

June 27

July 16

August 8

September 10

October 24

November 19

December 26

SPECIALTY TRAINING

HOME ALONE (1 day)

8:30 AM - 4:30 PM

BABYSITTING BASICS (1 day)

8:30 AM - 4:30 PM

ORANGEVILLE

June 20

July 6,23

August 17

September 2, 20

October 4

November 21

December 12

STANDARD FIRST AID

LEVEL C CPR & AED (2 day)

8:30 AM - 4:30 PM

ORANGEVILLE

Consecutive days starting on

June 6,10,22

July 4,9,13,28

August 11,15,22,24,27

September 9,17,26,29

October 8,17,20

November 3,18,28,30

December 5,9,21,28

CPR TRAINING

CPR LEVEL C (1 day)

8:30 AM - 5:00 PM

ORANGEVILLE

June 6,10,22

July 4,9,13,28

August 11,15,22,24,27

September 9,17,26,29

October 8,17,20

November 3,18,28,30

December 5,9,21,28

PET FIRST AID (1 day)

8:30 AM - 4:30 PM

June 14

September 12

December 13

AED



St. John Ambulance

SAVING LIVES
at work, home and play

Philips AED and
St. John Ambulance training
working together to provide you
with cost effective solutions
in one place



Defibrillators and
equipment packages

PHILIPS

AED in the Workplace

An employee is suffering cardiac arrest and the ambulance is on its way. But the clock is ticking and you know that a maximum of 10 valuable minutes could mean the difference between life and death.

As soon as a person hits the floor, the clock starts. According to the Public Health Agency of Canada, every minute that passes without medical assistance reduces an individual's chances of survival by 10 per cent. Early administration of Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) can drastically increase their chance of surviving until they reach the hospital. In almost every instance of collapse an individual's survival is in the hands of surrounding bystanders. Should you invest in an AED for your workplace?

When taking First Aid and CPR training with St. John Ambulance, AED and CPR skills are included. Employees will be prepared and ready to use this life saving equipment in conjunction with performing CPR.

Please contact us for a comprehensive free site assessment and demonstration of the AED. We are here to help with assessments, planning, training, implementation and ongoing support.



Home Alone

(1 day) \$65.00 per student

This course is designed for the 9 and 10 year old group, to help prepare them to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Ideally, children should be supervised at all times by a responsible adult. However, many common events and situations can result in short term periods where a child must take on the responsibility for themselves. St. John Ambulance believes that youth who are well prepared for the unexpected, will more confidently handle an emergency and be safer as a result.

- ◆ Participants will learn how to deal with phone calls and visitors
- ◆ Recognize hazards and follow home safety procedures
- ◆ First aid basics
- ◆ Healthy eating,
- ◆ Fire safety
- ◆ How and when to use 911 to obtain emergency help.

This program is a more comprehensive version of the Home Alone program published by the Canada Safety Council.



Babysitting Basics

(1 day) \$65.00 per student

St. John Ambulance's Babysitting Basics is a course designed for ages 11 to 14 to teach babysitting, leadership and first aid skills in a fun and informative way. Parents want to know that they are leaving their children in the care of babysitters who understand the needs of their children and who can look after them confidently and competently, especially in emergencies. This course provides students with specific knowledge and skills that will enable them to:

- ◆ Develop a mature and responsible attitude toward babysitting
- ◆ Provide physical care for children from infancy to age 10
- ◆ Meet the emotional and intellectual needs of children from infancy to age 10
- ◆ Be aware of safety hazards and practice injury prevention
- ◆ Cope with emergency situations
- ◆ Provide basic first aid

Each student will receive a copy of the Babysitting Basics Handbook and upon successful completion, a St. John Ambulance Babysitting Basics certificate.



HOME ALONE AND BABYSITTING STUDENTS WILL ALSO RECEIVE A ST. JOHN AMBULANCE FIRST AID KIT!



Emergency First Aid

with CPR C & AED (1 day) \$120.00

For teens (age 15 and up) who would like to learn life-saving skills and obtain certification in First Aid, CPR & AED. This course is ideal for those looking for skills for personal interest, career planning or job placement.

Special pricing is available at reduced rates for high school students in this public program, which is open to adult participants. We recommend partnering with a friend or family member for younger students.

This course is designed to provide basic first aid training and includes:

- ◆ The role and responsibilities of first aid provider
- ◆ How to manage an emergency scene
- ◆ CPR & AED for adults, infants & children
- ◆ Skills to recognize and respond to a variety of different injuries and medical emergencies.

Each student will receive a comprehensive St. John Ambulance first Aid Reference Guide with over 400 pages of information, illustrations, charts, glossary and more.

Upon successful completion students will receive a certificate valid for 3 years.

See the schedule of public course dates on the reverse or contact our office to arrange a private course at your location

Home Alone

Date	Location	Date	Location
May 24 Sun	Mississauga	Aug 22 Sat	Mississauga
June 8 Mon (PA Day)	Mississauga	Sep 02 Wed	Orangeville
Jun 13 Sat	Brampton	Sep 05 Sat	Mississauga
Jun 20 Sat	Orangeville	Sep 20 Sun	Orangeville
Jun 27 Sat	Mississauga	Oct 04 Sun	Mississauga
Jul 03 Fri	Mississauga	Oct 04 Sun	Orangeville
Jul 06 Mon	Orangeville	Oct 10 Sat	Brampton
Jul 20 Mon	Mississauga	Nov 07 Sat	Mississauga
Jul 23 Thu	Orangeville	Nov 21 Sat	Orangeville
Jul 26 Sun	Mississauga	Dec 05 Sat	Brampton
Aug 04 Tue	Mississauga	Dec 06 Sun	Mississauga
Aug 08 Sat	Brampton	Dec 12 Sat	Orangeville
Aug 17 Mon	Brampton		
Aug 17 Mon	Orangeville		

Babysitting Basics

Date	Location	Date	Location
May 24 Sun	Mississauga	Aug 22 Sat	Mississauga
June 8 Mon (PA Day)	Mississauga	Sep 02 Wed	Orangeville
Jun 13 Sat	Brampton	Sep 05 Sat	Mississauga
Jun 20 Sat	Orangeville	Sep 20 Sun	Orangeville
Jun 27 Sat	Mississauga	Oct 04 Sun	Mississauga
Jul 03 Fri	Mississauga	Oct 04 Sun	Orangeville
Jul 06 Mon	Orangeville	Oct 10 Sat	Brampton
Jul 20 Mon	Mississauga	Nov 07 Sat	Mississauga
Jul 23 Thu	Orangeville	Nov 21 Sat	Orangeville
Jul 26 Sun	Mississauga	Dec 05 Sat	Brampton
Aug 04 Tue	Mississauga	Dec 06 Sun	Mississauga
Aug 08 Sat	Brampton	Dec 12 Sat	Orangeville
Aug 17 Mon	Brampton		
Aug 17 Mon	Orangeville		

Emergency First Aid with Level C CPR and AED (Saturday classes)

Date	Location	Date	Location
May 30 Sat	Brampton	Sep 05 Sat	Brampton
May 30 Sat	Mississauga	Sep 19 Sat	Mississauga
Jun 06 Sat	Brampton	Sep 26 Sat	Orangeville
Jun 06 Sat	Orangeville	Oct 03 Sat	Brampton
Jun 20 Sat	Mississauga	Oct 10 Sat	Mississauga
Jul 04 Sat	Brampton	Oct 17 Sat	Orangeville
Jul 04 Sat	Orangeville	Oct 31 Sat	Mississauga
Jul 18 Sat	Mississauga	Nov 07 Sat	Brampton
Aug 01 Sat	Brampton	Nov 14 Sat	Mississauga
Aug 15 Sat	Mississauga	Nov 28 Sat	Orangeville
Aug 15 Sat	Orangeville	Dec 05 Sat	Orangeville
Aug 22 Sat	Orangeville	Dec 19 Sat	Mississauga
Aug 29 Sat	Brampton	Dec 26 Sat	Brampton
Aug 29 Sat	Mississauga		



St. John Ambulance
SAVING LIVES
 at work, home and play



Specialty

**Instructor Training and
 recertification programs**
 2015 Training dates

Become a St. John Ambulance Instructor

St. John Ambulance is widely recognized as the industry leader in First Aid and CPR training with a proven combination of professional trainers, personalized instruction, how-to dvd's and comprehensive student reference materials. We strive to be on the leading edge in the delivery of our training programs, and continue to recruit knowledgeable and professional instructors for our team.

If you have a background in teaching, a health or safety related field, and have successfully completed a St. John Ambulance Standard First Aid and Level C CPR course, you may apply to become an Instructor with St. John Ambulance. We also offer training programs for companies wishing to have their own First Aid instructor on site, through our in-plant program for companies with large volumes of training. To initiate training through either of these programs, please contact our branch to discuss the next steps.

The instructor development program fee is \$625.00 and renewal \$79.00.
 Training for existing instructors as Medical First Responder instructors is \$325.00

Course Name	Start	End	Time	Location
Instructor Development Program	Feb, 09, Mon	Feb, 13, Fri	Monday to Friday 8:30 to 4:30	Mississauga
Instructor Development Program	Apr, 13, Mon	Apr, 17, Fri	Monday to Friday 8:30 to 4:30	Mississauga
Instructor Development Program	May, 01, Fri	May, 10, Sun	Friday evening 6:00 PM to 10:00 PM, Saturday and Sunday 8:30 AM to 5:30 PM	Mississauga
Instructor Development Program	Jun, 15, Mon	Jun, 19, Fri	Monday to Friday 8:30 to 4:30	Mississauga
Instructor Development Program	Sep, 21, Mon	Sep, 25, Fri	Monday to Friday 8:30 to 4:30	Mississauga
Instructor Development Program	Nov, 27, Fri	Dec, 06, Sun	Friday evening 6:00 PM to 10:00 PM, Saturday and Sunday 8:30 AM to 5:30 PM	Mississauga

Course Name	Start	Course Time	Location
Instructor Development / AED Recertification	Jan, 18, Sun	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	Mar, 06, Fri	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	May, 11, Mon	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	Jun, 27, Sat	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	Sep, 04, Fri	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	Oct, 28, Wed	8:30 to 4:30	Mississauga
Instructor Development / AED Recertification	Dec, 13, Sun	8:30 to 4:30	Mississauga

Course Name	Start	End	Course time	Location
Medical First Responder Instructor	Mar, 21, Sat	Mar, 22, Sun	8:30 to 5:30	Mississauga
Medical First Responder Instructor	Oct, 17, Sat	Oct, 18, Sun	8:30 to 5:30	Mississauga



St. John Ambulance

SAVING LIVES
at work, home and play



Pet First Aid Training

Course fee \$125.00

Why Pet First Aid?

Good first aid knowledge can help to save your pet's life, reduce the potential for increased injury and promote fast recovery. First aid is not a replacement for going to your vet, but handling emergency situations properly right at the beginning can help you recognize problems early and act on them quickly.

A good course will include preventive care to avoid illness and injury, how to use common household items to restrain and transport an injured animal, and some or all of the following:

- ◆ Pet proofing your home
- ◆ Shock, unconsciousness, and vomiting
- ◆ Dehydration and diarrhea
- ◆ Animal fights and bites
- ◆ Internal and external bleeding
- ◆ Wounds and infections
- ◆ Poisons
- ◆ Artificial respiration and airway obstruction
- ◆ Abdominal thrusts for choking
- ◆ Cardiopulmonary Resuscitation (CPR)
- ◆ Administering medications
- ◆ Parasites, insect bites and stings
- ◆ Eye, ear and nose injuries
- ◆ Injuries from heat and cold
- ◆ Spinal, bone and joint injuries
- ◆ Porcupine quills
- ◆ Skunk sprays
- ◆ Seizures
- ◆ Delivering puppies or kittens

The benefits of St. John Ambulance Pet First Aid training

Attending a course in person allows for hands-on learning with life-sized specialty animal manikins. Along with practicing CPR, choking and bandaging, animal manikins can be used to demonstrate how to adapt common household items such as jackets, sticks, newspaper, saran wrap, duct tape, Benadryl, old cell phones, ties, belts, rope, scarfs, etc. into first aid tools.

Our training includes a comprehensive resource manual for handy reference after your course, and our specially designed pet first aid kit. Consider the newly developed, St. John Ambulance Pet First Aid course.

With everything included above, it will be the best 6 ½ hours you spend on learning how to keep your pet safe and healthy.

Upcoming training dates

Public courses are offered at the following locations and dates. Course times are 8:30 AM to 4:30 PM.

Date	Location
Jun, 14, Sun	Orangeville
Jun, 28, Sun	Mississauga
Jul, 25, Sat	Mississauga
Aug, 23, Sun	Mississauga
Sep, 12, Sat	Orangeville

Date	Location
Sep, 13, Sun	Mississauga
Oct, 03, Sat	Mississauga
Nov, 01, Sun	Mississauga
Dec, 12, Sat	Mississauga
Dec, 13, Sun	Orangeville

Our fully stocked Pet First Aid Kit is included in the course





St. John Ambulance



Specialty

Car Seat Training courses

2015 Training dates

CAR SEAT SAFETY

St John Ambulance offers training to those who wish to offer car seat inspection clinics in the community, or for those who regularly install and reinstall car seats. This training program is the one that certifies St. John Ambulance Car Seat Safety volunteers.

The appropriate use of car seats is determined according to the weight, height and age of the child. All seats must be installed according to manufacturer's instructions. Technicians serve to educate the public on the current regulations, the appropriate devices for their children and specific steps necessary to ensure the correct installation of the car seat in the vehicle.

Child Restraint Technician Certification Training (2 days) \$160.00

This course is designed for anyone interested in helping others to learn to secure their children safely in motor vehicles. Whether for business or community volunteer reasons, this program offers you a truly rewarding opportunity to make a difference in child safety. One day renewal training is available prior to expiry \$110.00

Child Restraint Technician - Instructor Certification Training (1 day) \$225.00

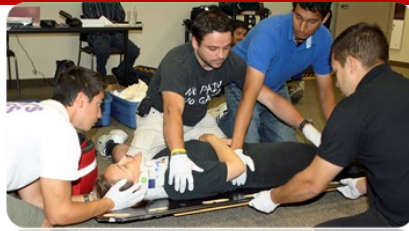
This program is suitable for existing instructors and those with car seat technician experience looking to become more involved in child car seat program development within their community by training new technicians. Instructor application and approval is required prior to registration. Renewal training is available for \$110.00

Please contact our office for further information on volunteering with our car seat safety teams in Brampton or Mississauga.

Course Name	Start	End	Time	Location
Car Seat Technician	Aug, 08, Sat	Aug, 09, Sun	8:30 AM to 4:30 PM	Mississauga
Car Seat Technician	Oct, 07, Wed	Oct, 08, Thu	8:30 AM to 4:30 PM	Mississauga
Car Seat Technician - Instructor	Jun, 19, Fri	Jun, 19, Fri	8:30 AM to 4:30 PM	Mississauga
Car Seat Technician - Instructor	Sep, 16, Wed	Sep, 16, Wed	8:30 AM to 4:30 PM	Mississauga
Car Seat Technician - Instructor renewal	Jun, 19, Fri	Jun, 19, Fri	8:30 AM to 4:30 PM	Mississauga
Car Seat Technician - Instructor renewal	Sep, 16, Wed	Sep, 16, Wed	8:30 AM to 4:30 PM	Mississauga



St. John Ambulance



Specialty

Advanced Medical First Responder
2015 Training dates

Overview

The Advanced Medical First Responder courses are designed for those interested in taking a more active role in emergency situations and obtaining more advanced first aid skills. Students will be introduced to a thorough standardized assessment protocol, oxygen administration and advanced injury management. The courses are student oriented with pre-course self-study and evaluation, lots of hands-on scenarios, skills stations and realistic practical sessions to maximize relevance.

Who should take this course?

This course is suitable for individuals looking to prepare themselves for emergency service or health care careers, or workplaces developing emergency response teams. This course is well suited for workplaces where more advanced skills are required such as hazardous work environments or work in remote areas. This course is available for delivery to groups in the private format at your location. To arrange a Private course, please contact our Client Service Representatives.

Prerequisite

St. John Ambulance Standard First Aid CPR Level C & AED Certificate, valid within the past year.

Course options

40 Hour 5 day course \$625.00 per person

Course Name	Start	End	Time	Location
Advanced Medical First Responder I - CPR Level HCP	Jun, 05, Fri	Jun, 14, Sun	Friday evening 6:00 PM to 10:00 PM Saturday and Sunday 8:30 AM to 5:30 PM	Mississauga
Advanced Medical First Responder I - CPR Level HCP	Oct, 2, Fri	Oct, 11, Sun	Friday evening 6:00 PM to 10:00 PM Saturday and Sunday 8:30 AM to 5:30 PM	Orangeville



St. John Ambulance



FIRST AID & CPR TRAINING
BLENDED LEARNING FORMAT

A combination of **ONLINE** knowledge based training
and **IN-CLASS** practical skills development



Program Overview

St. John Ambulance is pleased to offer our innovative web based training program for First Aid, CPR and AED certification. Upon successful completion of both the online and in-class training components, students will have acquired the skills and confidence to handle first aid emergencies until medical help arrives. This training option leads to certification equivalent to our traditional in-class programs.

As with all our courses designed for workplaces, these new blended programs meet WSIB and Canada Labour Code requirements.

Courses Available in the blended format

Emergency and Standard First Aid programs are offered in the blended format and include CPR (Level A or C) and AED.

Course Participants

This option is suitable for both workplaces and the general public. The blended format is most suitable for participants who have previously taken traditional in-class first aid training and who are comfortable with computer based training.

The Blended Components

Online Training

The computer based training is structured in a self-paced modular format that allows students to have their own access code so they can enter and exit the course at their convenience. The program provides the option to have audio or text instruction, and provides videos and quizzes to help reinforce learned concepts.

It is recommended that students attend the in-class training within 14 days of completion of the online training. To select your course and start training please contact our client service representatives.

In-Class Training

The in-class portion of the course is delivered by an Instructor and focusses on practical skills. With the theory portion of the course previously completed on-line, the in-class portion of the course is approximately half the time of the traditional course format.

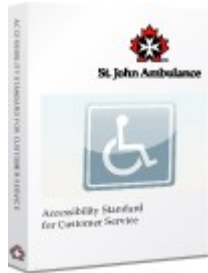
Training dates and locations for in-class sessions

Date	Location	Date	Location	Date	Location	Date	Location
May, 08, Fri	Mississauga	Jul, 03, Fri	Meadowvale	Sep, 08, Tue	Mississauga	Nov, 06, Fri	Mississauga
May, 10, Sun	Brampton	Jul, 06, Mon	Brampton	Sep, 13, Sun	Brampton	Nov, 08, Sun	Mississauga
May, 13, Wed	Mississauga	Jul, 08, Wed	Bolton	Sep, 14, Mon	Brampton	Nov, 11, Wed	Bolton
May, 17, Sun	Mississauga	Jul, 10, Fri	Mississauga	Sep, 16, Wed	Mississauga	Nov, 12, Thu	Brampton
May, 21, Thu	Brampton	Jul, 12, Sun	Brampton	Sep, 16, Wed	Orangeville	Nov, 14, Sat	Brampton
May, 25, Mon	Mississauga	Jul, 15, Wed	Mississauga	Sep, 20, Sun	Mississauga	Nov, 18, Wed	Mississauga
May, 27, Wed	Brampton	Jul, 15, Wed	Orangeville	Sep, 21, Mon	Mississauga	Nov, 25, Wed	Brampton
May, 27, Wed	Orangeville	Jul, 25, Sat	Mississauga	Sep, 25, Fri	Meadowvale	Nov, 25, Wed	Orangeville
May, 29, Fri	Meadowvale	Jul, 27, Mon	Mississauga	Sep, 28, Mon	Brampton	Nov, 30, Mon	Brampton
Jun, 03, Wed	Bolton	Jul, 31, Fri	Brampton	Sep, 30, Wed	Bolton	Nov, 30, Mon	Mississauga
Jun, 05, Fri	Mississauga	Aug, 05, Wed	Mississauga	Oct, 08, Thu	Brampton	Dec, 04, Fri	Mississauga
Jun, 10, Wed	Mississauga	Aug, 11, Tue	Brampton	Oct, 09, Fri	Mississauga	Dec, 09, Wed	Brampton
Jun, 18, Thu	Brampton	Aug, 14, Fri	Meadowvale	Oct, 14, Wed	Orangeville	Dec, 11, Fri	Meadowvale
Jun, 21, Sun	Mississauga	Aug, 19, Wed	Orangeville	Oct, 19, Mon	Mississauga	Dec, 14, Mon	Brampton
Jun, 22, Mon	Brampton	Aug, 21, Fri	Bolton	Oct, 21, Wed	Brampton	Dec, 15, Tue	Mississauga
Jun, 24, Wed	Orangeville	Aug, 21, Fri	Mississauga	Oct, 24, Sat	Mississauga	Dec, 16, Wed	Bolton
Jun, 29, Mon	Mississauga	Aug, 23, Sun	Mississauga	Oct, 28, Wed	Mississauga	Dec, 16, Wed	Orangeville
		Aug, 28, Fri	Brampton	Oct, 30, Fri	Meadowvale	Dec, 19, Sat	Mississauga
		Aug, 31, Mon	Mississauga				



St. John Ambulance

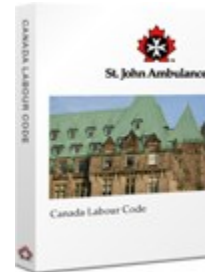
Online Training Campus
Safety training for the Workplace
www.ont.sjatraining.ca



Accessibility Standard for customer service
\$24.95



BILL 168: Achieving compliance
\$24.95



Canada Labour Code: Part II Orientation
\$29.95



Creating a Safe Workplace
\$24.95



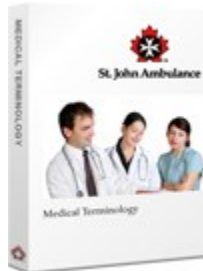
Developing Workplace Violence & Harassment Policies and programs
\$34.95



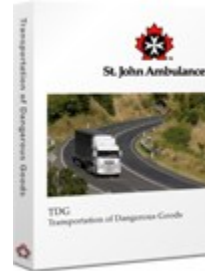
Fire Safety
\$19.95



Lockout - Tagout
\$19.95



Medical Terminology
\$280.00



Transportation of Dangerous Goods
\$34.95



WHMIS
\$33.00



WHMIS Refresher
\$15.00



Workplace Harassment Sensitivity Training
\$29.95

View our full list of online health and safety training courses at www.ont.sjatraining.ca

St. John Ambulance offers group discounts to any company ordering a minimum of 6 training accounts of one course. Our group pricing is based on sliding scale that allows an organization to have the opportunity to save up to 20% off the retail price of our online training courses. Order online or call today to take advantage of the immediate savings!

FOR FURTHER INFORMATION CONTACT OUR CLIENT SERVICE TEAM

